

HOLMES COUNTY COURT OF COMMON PLEAS
JUVENILE DIVISION

JUDGE THOMAS C. LEE

1 East Jackson Street, Millersburg, OH 44654

Phone: (330) 674-5841 option 3; Fax (330) 674-5820

G.R.I.T. ATHLETICS

MINOR (CHILD) MEDICAL CLEARANCE FORM

To be completed by physician/PA/NP

Holmes County Juvenile Court, partnered with 924 CrossFit, offers a fitness program for youth in Holmes County. The program includes strength training and a cardio component. All youth are required to complete a pre-participation physical and be cleared by a physician/PA/NP to participate in the fitness program.

Youth Name: _____ Date of Birth: ____/____/____

☐ Male ☐ Female ☐ Other: _____

Please check one of the following:

☐ Cleared for exercise without restriction.

☐ Cleared for exercise with the following restrictions:

☐ NOT cleared for exercise. _____ Pending further evaluation. Explanation: _____

Additional Physician/PA/NP Notes and/or Recommendations:

I hereby certify that I have completed a physical evaluation of the above-named participant/minor child. A copy of the physical exam is on record in my office and will be available to the court at the request of the parent(s) or legal guardian(s). If conditions arise after the above-named participant/minor child has been cleared for participation, the physician may rescind the clearance until the medical issue(s) is resolved and the potential consequences are completely explained to the participant/minor child and the parent(s) or legal guardian(s).

Physician/PA/NP Signature: _____ Date ____/____/____

Physician/PA/NP Name (please print): _____ Phone: _____

Address: _____
Street Address City State Zip Code